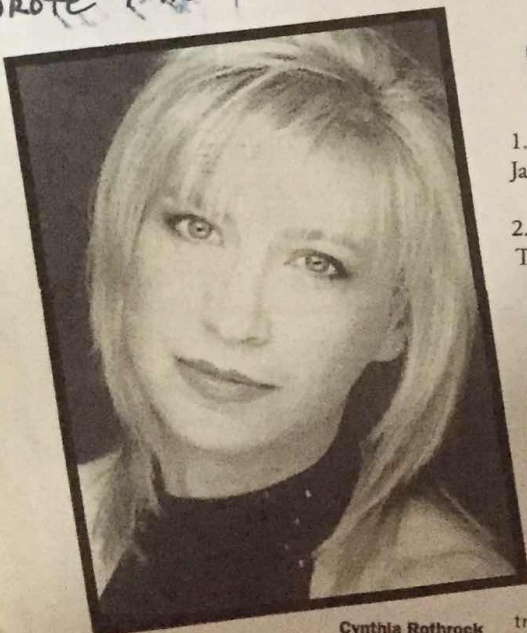


THE GREATEST MARTIAL ARTS TRIVIA CHALLENGE EVER!

This demanding martial arts brain teaser will entertain, enlighten and educate all you followers, fanatics and casual interest buffs.

TO THE GREAT RENZO GRACIE WROTE THIS TO ME.

By Ian Howard



Cynthia Rothrock

GENERAL INTEREST

(answers on page 122)

- Where and when did jiu-jitsu originate? a. Japan b. China c. India
- What is a shuriken? a. Throwing star. b. Throwing knife c. Throwing boomerang
- Who founded Choy Lee Fut? a. Yip Man b. Dan Inosanto c. Chan Heung
- Which female martial artist is called "Mouse"? a. Cynthia Rothrock b. Michelle Krasnoo c. Lily Rodriguez
- Where was the first Shaolin monastery built? a. Beijing b. Guan Jo c. Honan province in Northern China
- Who has the nickname, "King of the Streets"? a. Mark Hall b. Royce Gracie c. Rickson Gracie d. Marco Ruas
- Okinawan karate was originally called a. Bujutsu b. Wushu c. Shuri-te
- After World War II, Okinawan karate was divided into four ryuha (schools). Name them.
- Tai Chi Chuan credits its development to the Taoist immortal: a. Chang San-feng b. Wu Shu Wong, c. Yip Man
- Chang San-feng is said to have drawn inspiration by watching two animals fight.

Miami Beach, Florida-based Ian Howard says martial arts has helped him overcome two serious illnesses. This trivia guide is his way of saying thank-you.